

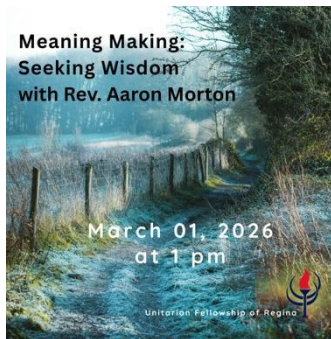
The Chalice

March 2026 Newsletter

Unitarian Fellowship of Regina

Join us for *friendly, informal* **Sunday Services at 1:00 PM** at the Unitarian Centre, 2700 College Avenue (upper hall) followed by coffee in the lower hall or [on Zoom](#)

March 1, 2026



In March we listened to Arran Morton talk about the practice of seeking wisdom. What can we learn from the multiple truths that come from varied identities, life experiences, religions and cultures?

March 8, 2026



March 8th we were invited to reflect on the practice of seeking wisdom: What wisdom have we gained from our life experiences? In what ways would we like to become wiser? And, how do we respond when someone's lived experiences contradicts our own?

March 15, 2026



We gathered for our monthly Potluck where we enjoyed each other's company and shared our thoughts on current learnings.

Potlucks take place on the 3rd Sunday of each month. Join us in this time of renewal.

March 22, 2026

Purpose: Promoting the teachings and principles of the Unitarian Universalist religion, and bringing together people interested in liberal religion to study religious, moral, philosophical and social questions.

The Hone's Legacy on the Unitarian Fellowship of Regina



March 22, 2026
at 1 pm

Unitarian Fellowship of Regina



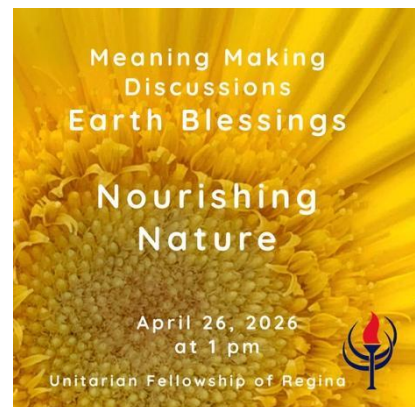
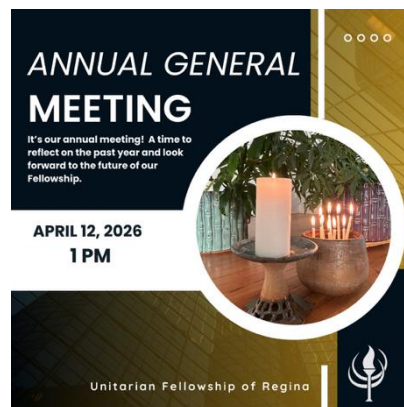
Join us as we celebrate the Hones and their legacy on the Unitarian Fellowship of Regina.

March 29, 2026



Jamie Struthers offers a perspective on how this Unitarian views Palm Sunday.

And watch for...



Get involved with Unitarians!

**Share your knowledge & skills
Deepen your friendships**

BOARD OF TRUSTEES

Jamie Struthers, Sandi Whitford, Claire
Clement, Ethel Struthers, George
Garbe, Joanne Green, Jane Knox
Vacancies expected in April 2026

STANDING COMMITTEES

Finance Committee

Sandi Whitford, Joanne Green,
Phillip Muñoz

Lay Chaplain Committee

Jamie Struthers, Jane Knox

Membership Committee

Ethel Struthers, Marena Charron,
Jim Hutchings, Jane Knox

Nominating Committee

Claire Clement, assisted by Ethel Struthers

Program Committee

Glenna Ottenbrite-Born, Claire Clement,
Jamie Struthers, Sandi Whitford

Property Committee

Claire Clement, Jim Hutchings

ACTION GROUPS

Social Media

Sandi Whitford, Jim Hutchings, Jane Knox

Reconciliation

Jane Knox, Ethel Struthers, Helmi Uguh,
Sandra Blenkinsop, Tanith Perry-Mills, Claire
Clement, Deborah Barton

Sparkle and Shine design team

Marena Charron, Carol Porter

Policies

Jane Knox & others (vary with topic)

Cybersecurity Overseer Michael FIG

Board Talk

by Ethel Struthers, Secretary

The Board met on February 12, 2026. The Board received reports from the treasurer, Property Committee, and Policy Action Group. The focus of the meeting was on preparing for the annual general meeting.

As you already may have heard, the Unitarian Fellowship of Regina now has a new furnace. The old one was purchased in 2003 and served us well. Both Sandi and Ethel had arrived at the Centre, smelled gas and contacted Sask Energy. The furnace was worn out and defective.

Within a week, thanks to Claire and Jim, a new furnace had been recommended, approved by the Board, and installed. The President said: "*We were very fortunate that*



Unitarian Fellowship of Regina

Annual General Meeting

1:00 pm, Sunday April 12, 2026

there were no frozen pipes / other disasters due to warmish February weather."

The Board revised the 2026 budget to reflect this expense, and gave preliminary approval to the proposed 2026/2027 budget as amended.

The Policy Action Group developed an artificial intelligence (AI) policy designed to guide the careful use of AI within ethical standards including disclosure and selected purposeful uses. Now we have a policy in place before using AI to ensure that the Fellowship properly controls the uses of AI.

Reconciliation Ripples

Notes by Jane Knox

Nelson Bird is from Peepeekisis reserve, the youngest of 6 children with mixed Cree, Sioux, and Scottish ancestry. He was a journalist for 26 years. Now he lectures in Media and Reconciliation at the First Nations University of Canada.

In a 2025 presentation at the Regina Public Library, Nelson Bird explained that in residential schools, children missed learning local knowledge about the land. They missed learning from parents, siblings, cousins, family. They did not learn local games or how to support each other. All Indigenous people have difficult stories but they also carry the strength of their ancestors. Here are Nelson Bird's main messages.

Your Actions CREATE A BRIDGE

1) Every day, offer positive comments and smiles. They are super valuable to people who receive a lot of negative comments on a daily basis.

2) Put out positive stories to counter-balance the negative ones.

3) Be an ally:

- a. listen
- b. learn by reading
- c. volunteer

4) Promote truth and healing (be a platform):

- a. Support the 94 Calls to Action of the Truth and Reconciliation Commission
- b. Explain local priorities
- c. Make time to mentor someone, connect with people.

Note: Peepeekisis is a Cree reserve 113km northeast of Regina

Give Us Spirit

I refuse to accept the view that
mankind is so tragically bound
to the starless midnight of racism
and war
that the bright daybreak of peace
and brotherhood
can never become a reality.
I believe that unarmed truth and
unconditional love will have the
final word.

by Dr Martin Luther King Jr
Excerpted from Dr King's Acceptance
Speech, on the occasion of the
award of the Nobel Peace
Prize in Oslo, December 10, 1964

March out Racism

<https://youtu.be/-uzZhnzf5n0>

A thought-provoking video.

UNESCO 1978 Declaration on Race and Racial Prejudice:

"All peoples of the world possess equal faculties for attaining the highest level in intellectual, technical, social, economic, cultural and political development" and

"The differences between the achievements of the different peoples are entirely attributable to geographical, historical, political, economic, social and cultural factors." [Declaration on Race and Racial Prejudice \(unesco.org\)](https://www.unesco.org/en/declaration-on-race-and-racial-prejudice)

Awareness

World Water Day March 22, 2026

World Glacier Day March 21, 2026

Sustainable and equitable water management is critical in Saskatchewan and beyond. Water supplies from glaciers are dwindling.

In future, it might be more difficult to capture rains that are predicted to become torrential with a tendency to run off clay soil or deeply dry, hardened soil of any type. We need gentle rains that have time to soak in and nourish plants. And we need water to drink.

[Short-term drinking water advisories.](#)

As of February 2026, several Saskatchewan communities and First Nations are under active boil water advisories, with ongoing infrastructure challenges and repairs affecting water safety. Key issues in early 2026 included a major water system failure in Peter Ballantyne Cree Nation and long-term advisories in locations like Ministikwan Lake Cree Nation. (*AI overview 2026-2*)

In February 2026, short term water advisories existed in 24 Canadian communities with 7 on Saskatchewan First Nation reserves. Drought and reduced water flow impact water supply.

Water advisories occur often across Canada. Maintaining public water systems for clear, clean drinking water is an important, complex challenge. To identify problems and plan repairs, governments must work with local communities. For example, sometimes water treatment systems need to be relocated to reduce the risk of contaminating the community water supply. In other situations, a new treatment system is more intricate than the old system and requires staff education and supervisory visits. Submitted by Jane Knox, MN, former Public Health Executive

Community Events

Rewriting the Rules for Equity Impact — We Are READI

Tuesday March 17, 1:30 – 3:30 pm:

March 21 is recognized as a focus to Eliminate Racial Discrimination Internationally. Get READI to transform your organization with equity, reconciliation, and meaningful, sustainable change.

<https://www.eventbrite.ca/e/we-are-readi-rewriting-the-rules-for-equity-impact-tickets-1981876209092>

From Awareness to Action: Moving Beyond Tokenism in Cultural Engagement

March 18, 2026.

Sponsored by the [Prairie Central District and the Saskatchewan Intercultural Association](#) **Changing Systems, Transforming Lives: Canada's Anti-Racism Strategy 2024-2028**

Water, Responsibility, and the Path Forward—Wetlands Fest 2026

Wednesday March 18, 5:30 – 8:30 PM

University of Regina, Atrium, Research and Innovation

https://www.uregina.ca/science/biology/events/2026/03/2026_03_18.html

Sustainable, Equitable Water Management

Friday March 20, 2026 - 01:30 PM-3:30 PM

Sponsored by the Global Institute for Water Security, this event's keynote speaker examines the role of water in advancing gender equality & sustainability [Learn more](#) Register:[https://usask-](https://usask-ca.zoom.us/webinar/register/WN_WwcGs-llTkuYrQOjo2fAIQ#/registration)

[ca.zoom.us/webinar/register/WN_WwcGs-llTkuYrQOjo2fAIQ#/registration](https://usask-ca.zoom.us/webinar/register/WN_WwcGs-llTkuYrQOjo2fAIQ#/registration)

Round Dance

Friday, March 20, 2026

At the MacKenzie Art Gallery

Event Details [HERE.](#)

Community Events continued...

Lake Diefenbaker Irrigation Project

with Bob Halliday

Wed, March 25 at Noon – on Zoom

<https://us02web.zoom.us/j/86316246586?pwd=FCjcaafJXOgoUYa8PIIVuWVAbw1Tqy.1>

CUC Events

NOTICE OF 2026 ANNUAL MEETING of
Canadian Unitarian Council (CUC) on
Saturday, May 23 at noon–3:30 pm CST.

All information for this meeting is
available in the [AGM 2026 Public folder](#).

Congregational Conversations: Planting, Pruning, & Bearing Fruit

Saturday, March 21, 2026 – 11:00 AM CST
or 1:00 pm ET (90 minutes)

This conversation focuses on HOW we make
important decisions:

- What does our community really need? (Plant)
- Is it time to let go of something? (Prune)
- How do we measure success or assign value to a program or practice? What are our criteria? (What will bear fruit?)
- And how can criteria help us allocate our precious resources?

Fellowship Bookkeeper Update

Perhaps you are wondering what happened with the Fellowship Bookkeeper position we advertised last month.

The Fellowship received 18 applications and will interview 6 candidates. Many factors will influence selection of the top candidates and references will be obtained.

Cybersecurity for ALL

Use automatic software updates and perform software upgrades when prompted. If you are in the midst of a critical task, make a note to do the update before you logout.

System software on older devices (computer, laptop, tablet, cell phone) may no longer be eligible for automatic security updates. Ideally, reinstall with software that is still supported or replace the device with something that has up-to-date features.

Ask a friend or tech shop if you are not sure.

Hopeful Thoughts

A thought shared by **Liz James**, a Unitarian who helps us to think “outside the box”:

“What if the cracks are not there
because we are breaking ...
but are there
because we are hatching?”

A thought from Leonard Cohen: “There is a crack in everything. That’s how the light gets in.”

https://www.youtube.com/watch?v=c8-BT6y_wYg

We hope you enjoy this song video and that it gives you a “lift”.