



UNITARIAN FELLOWSHIP OF REGINA

THE CHALICE

NOVEMBER 2018



November Theme – What Does It Mean to be People of Vision?

Soul Matters – the intriguing name for a group of people in the US that provide worship resources for ministers, RE staff, Sunday Service committees, and music people. Last year the Sunday Services committee used three themes in our ‘church year’. This year we will be using three more new themes and have purchased resources from Soul Matters. We hope you find that the themes and reflections provide deep meaningful services.

Our first theme will be in the month of November. The question is “What does it mean to be a people of VISION”?

Sunday Services for November



November 4 – Ethical Consumption

Panel Discussion with Guests Jenine Kozey, Ingrid Alesich and Wybo Ottenbreit Born



ETHICAL CONSUMPTION????

As Unitarians, our Seventh Principle urges us to respect the interdependent web of all existence. How do we walk the talk when it comes to ethical consumption? What responsibility do we have to avoid buying from companies that use bad labour practices? Do we grow our own food, or only buy second-hand, or stop driving gasoline-fueled cars? Our panel of three will share their ideas and actions on ethical consumption. Then share your own ideas with us too.

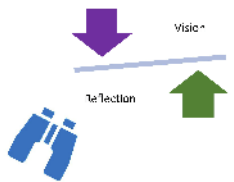


November 11 – Being A People of Vision When It's Cloudy

Guest Speaker Liz James

What does it mean to be a people of vision when it's cloudy? Especially, when those clouds are thunderclouds? When we feel surrounded on all sides by hostile forces and there is an exhausting amount of work ahead, how do we live with joy and purpose?

Potluck lunch to follow service



November 18 – Reflections on the Theme of Vision

On November 11, Liz James talked about maintaining our vision when times are hard. Today, we'll have a chance to share our ideas and reflections about the monthly theme and last week's talk.

Vision can mean many things to each of us. Today we'll be using three questions to start the discussion. Please keep the comments to reflections on the theme.

How do you see your Self as a person of vision? What person of vision has influenced you? How do we nurture a personal or collective vision?



The Climate Crisis: Threats, Solutions and the Need for Leadership

Guest Speaker Jared Clark

In October 2017, Jared Clarke travelled to Pittsburgh, Pennsylvania to attend the Climate Reality Leadership Corps training. During the three-day workshop, he learned from 7 world class scientists, as well as former Vice President Al Gore about the climate crisis. Now back in Saskatchewan, he has been sharing the message with hundreds of people that we need to act!

Join Jared for a presentation that looks at recent events across the globe being caused by climate change and what it means for Saskatchewan's future. From intensifying storms, increased flooding events, more severe droughts, dwindling glaciers and arctic sea ice, the evidence of climate change is overwhelming. Learn about the solutions at hand and what we as individuals can do.



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Sunday Services

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David Cowley/Joanne Green

Membership

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Music

Carol Porter/Tanya Walker

Endowment Fund

Wayne Williamson/Allyne Knox

Children's Program

Wybo Ottenbreit-Born

Finance

Jane Knox

Report from the Board

The Board meets on the second Thursday monthly. At recent meetings, the Board authorized:

- terms of reference for the new Finance Committee (Vice president, Treasurer, member at large, bookkeeper) that is responsible for monitoring financial reports and oversight of Fellowship financial activities including the budget process and fundraising. Its primary purpose is to protect the financial stability of the Fellowship.
- the President to explore with the Saskatoon Unitarian congregation a specific proposal for a ministerial intern in 2019-2020 and apply to UUA for a supporting grant.
- revised wording for our Treaty Four Territory land acknowledgement as requested by the Reconciliation Study Group. The new wording is more accurate with respect to which Indigenous Peoples used this area as traditional lands prior to Treaty and who arrived later. The new wording and pronunciations are on the website home page.

The Board thanks the Communications Action Group for our beautiful website. Please share it with your friends: <https://reginaunitarians.ca/>

In the coming months, the Board plans to launch discussions to create a vibrant vision for the Fellowship and review/update terms of reference of all committees.

If you would like to discuss the future of our Fellowship with the President and/or other Board members, please contact Tanya Walker, Board Member at Large and part of the Communications Action Group. Emails are also welcomed (email: tanwalkcan@gmail.com). We want to hear from you!

Lay Chaplaincy Services

The Fellowship provides non-denomination services to celebrate rites of passage, including births, weddings and deaths. Our Lay Chaplains are available to the public to provide services. Please feel free to contact us at (306)522-7357 or reginauu@gmail.com.

Office Hours

Saturdays, 1-3 PM

Mike McCall is available at the Unitarian Centre once a week for any business which needs to be dealt with in person. At any other time, feel free to telephone the Centre (306-522-7357) and leave a message, or email reginauu@gmail.com

Regina Multi-Faith Forum

The Regina Multi-Faith Forum provides opportunities for people of different faith traditions to gather, get to know each other and pray together.

Facebook: <https://www.facebook.com/reginamultifaith/>

If you have contributions to make to this newsletter, please contact Mike McCall:

email reginauu@gmail.com. or 306-522-7357 (office). The deadline for contributions is the 23rd of the month.

Unitarian Fellowship of Regina, 2700 College Avenue, Regina, SK, S4T 1V1 or email reginauu@gmail.com

Website: <http://reginaunitarians.ca/>

Facebook: <https://www.facebook.com/reginaunitarians/>

Podcast: unitarianfellowshipregina.podbean.com



Sing! Sing! Sing!

Sunday November 4 and November 18 at 9:45 a.m.

Please join us for Fellowship Choir practices on November 4 and November 18 starting at 9:45 a.m. Our dedicated singers meet every first and third Sunday of the month.

Renovations to Our Lower Hall Ceiling



A special meeting held on September 15 approved the spending of up to \$8,500 for the ceiling repair. This amount included a contingency fee for unexpected work. The building committee had determined that the ceiling had become a safety risk and so needed repair. The building committee arranged for bids to install new drywall, paint the drywall and some electrical work. The electrical work involved removing fixtures before the work started and reinstalling the fixtures after the painting is complete.

Electrical work started a couple of weeks before the drywall contractor started on October 22. Chris Soucie is a member of the Fellowship. He's employed by Klein's Electric and is doing the electrical work after hours. We have discovered that additional work will be needed on the lighting circuit. This is proceeding in stages as the drywall work proceeds.

We anticipate completion by the weekend of November 3 & 4 but may require an additional day or two to completely wrap up the work. We thank you for your patience as the work proceeds.

Joanne Green of the Building Committee

Do you have contact information for any former members, friends or others who might wish to make a donation to our Building Fund? Call Jane (586-1066) or Tanya (520-2948).

Reconciliation on our Website!

by Dave Cowley and Jane Knox

We are all Treaty people. But, what does that mean? As Unitarians we were curious. We wanted to know the truth about our history here on the prairies and why our Government made policies so harmful to our Indigenous Peoples (and suppressed our knowledge about it too).

In 2017, we initiated a Reconciliation Study Group to help us learn more. We began by reading the *94 Calls to Action* of the Truth and Reconciliation Commission. That raised more questions and resulted in rousing debates! The TRC's work inspired us to dig deeper. Today, we recognize that our Governments' policies (federal, provincial and municipal) still discriminate against Indigenous Peoples. We continue to learn and to be troubled by the circumstances of Indigenous Peoples across Canada, and particularly in Saskatchewan. We know that learning is not enough—action is required to achieve clean water, safe housing, and basic education for *all* Canadians.

As we learned, our Reconciliation Study Group collected a wealth of resources. Now we are happy to share some of them with you through a RECONCILIATION TAB on our website www.reginaunitarians.ca. We included short videos, links to the Treaties and discussions by experts, podcasts about injustice that continues today, and interviews with Indigenous people. We organized the resources under four menu areas:

- Fellowship Action
- Get Started—because
- Look Deeper
- Indigenous Insights

We welcome you to join us on our reconciliation journey.

Each of us have a role to play in making Saskatchewan a better place to live.

- ✓ *Please use our website Reconciliation Tab to help further your own studies. Dip into the bits that intrigue you. Discover what has been hidden ...*
- ✓ *Tell us how we can improve our website. Please call 306-522-7357 or email us through our website at <https://reginaunitarians.ca/contact-us/>*
- ✓ *Come visit us at the Unitarian Centre (2700 College Avenue, just west of Albert) We'll be there Sunday, 10:30 am and we would enjoy getting to know you.*

Exploring Indigenous Spiritualities

November 14, 21, & 28 – 3 Tuesdays, 7-9pm

Exploring Indigenous Spiritualities with highly respected Elder Lorna Standingready and using the resource "Quest for Respect"



November 27 is Giving Tuesday—a day to think of others

Giving *Tuesday* is a new global movement for giving and volunteering, that counteracts the consumerism of Black Friday and Cyber Monday. It's a time when charities, companies and individuals join together and rally for favourite causes. In 2017, in Canada, there were over 6,000 partners for *Giving Tuesday*. In Regina, *Giving Tuesday* is called *YQR Gives*.

For the first time our Unitarian Fellowship has joined *YQR Gives*. <https://givingtuesday.ca/partners/unitarian-fellowship-of-regina>

We are participating by showing enthusiastic support for **Housing First**, an initiative that gives a “lift” to people who have experienced homelessness. This video tells one person's success story: <https://globalnews.ca/news/3607907/its-been-an-amazing-journey-housing-first-client-shares-story-of-first-year-in-the-program/>

Housing First recognizes that moving from the streets or couch surfing to a secure, permanent home is challenging. They provide daily support with visits when needed—the staff are terrific! What can *you* donate? Used or new household items that everyone needs ... dishcloths, cutting boards, cleaning supplies for the kitchen, towels and soap for the bathroom, sheets and warm blankets for the bedroom, and perhaps a décor item or a pillow for the living room. (See complete list) What items do *you* have in your home that could help someone else? This would be an ideal time to tackle some decluttering!

Our goal is to collect 280 useful household items for **Housing First** before *Giving Tuesday* (November 27) in recognition of the 280+ people who live in our city without a home in 2018. Everyone needs a safe place to sleep, and we have things to share with them. You can transfer those much-needed items from your house to **Housing First** in three ways:

- Bring your items to the Unitarian Centre and Jane will deliver them to Housing First, or
- Take your donated items to 2035C Osler Street (1/2 block south of Victoria Street), or
- For pickup of larger items, contact 306-565-5636 (Phoenix Residential Society Office).

Giving is a lifelong commitment. It is important to give back to our community throughout the year, whether through donations, volunteering, or acts of kindness. The Unitarian Fellowship is always at the very top of our giving list as a place of inspiration, peace, and support for us all. Let's also use this *Giving Tuesday* as a special celebration of our capacity, as Unitarians, to think of others.

Jane Knox and Tanya Walker



Mallory Sprawson, Housing First Program Supervisor, accepts from Jane Knox, the commitment of the Unitarian Fellowship of Regina to donate 280 items before November 27, Giving Tuesday.

Items needed the most by Housing First:

- Alarm clocks/wall clocks
 - Cleaning supplies
 - CD players/radios
 - DVD player/VCR
 - Décor items
 - Lamps
 - Bedding—Pillows, Comforters, sheet set
 - Hangers
 - Laundry baskets
 - Kitchen**
 - Can opener
 - Cutting board
 - Coffee maker, teapot
 - Cutlery and steak knives
 - Kitchen utensils (wooden spoon, lifter, spatula, tongs, etc.)
 - Plates, soup bowls
 - Pots and pans
 - Mixing Bowls
 - Cookie sheets
 - Measuring cups/spoons
 - Dish cloths and towels
 - Oven mitts and pot holders
 - Toaster
 - Garbage cans
 - Garbage bags
 - Bathroom**
 - Shower curtains and hooks
 - Bath towels/hand towels/face cloths
 - Bath mat
 - Toothbrush, personal hygiene items
- [Shoes/boots/clothing could be given to Carmichael Outreach (north/behind Value Village).]*