



UNITARIAN FELLOWSHIP OF REGINA

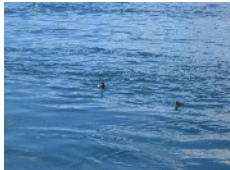
THE CHALICE

SEPTEMBER 2018



Sunday Services for September

September 2 – Long Weekend, No Service



September 9 – Water Ceremony

Facilitated by Hilary Craig

The water ceremony is our "coming together again" fall ritual. It is our opportunity to share our summer "water stories" and greet friends old and new. This service, sometimes also called the Water Communion, was first used at a Unitarian Universalist congregation in the 1980s. Many congregations now hold a Water Communion once a year. Members bring to Sunday service a small amount of water from a place that is special to them or from a place they have visited over the summer. During the service, people one by one pour their water together into a large bowl. As the water is added, each person explains why this water is special to them. The combined water is symbolic of our shared Unitarian Universalist faith coming from many different sources.

Potluck lunch to follow service

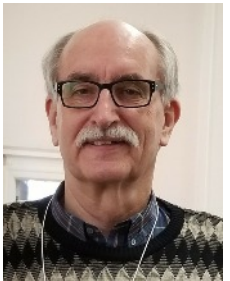


September 16 – The Moral Roots of Liberals & Conservatives

A TED Talk Video

A TED Talk by psychologist Jonathan Haidt is sure to make us think! He studies the five moral values that form the basis of our political choices, whether we're left, right or center. In this eye-opening talk, he pinpoints the moral values that liberals and conservatives tend to honor most. By understanding more about our moral psychology and its biases, Jonathan Haidt says we can design better institutions (including companies, universities and democracy itself), and we can learn to be more civil and open-minded toward those who are not on our team.

Special Meeting to follow service



September 23 – What Doctors Think

Speaker: George Garbe

George Garbe has been a physician and cardiologist for many years in Regina. Today he will talk about the intellectual process of unravelling what is wrong with the patient and deciding what treatment to advise, emphasizing the use of evidenced based treatment and touching on how evidence is obtained and evaluated.



September 16 – Reconciliation

Speaker: Terry Fehr

Over the past 9 months, we've had a series of talks that explore the manifestation of spirit in real life. Today's talk is the last of the series; in it we are invited to ask ourselves what reconciliation is, what hinders reconciliation and how we might go about reconciling with others. There were three others in the series on Love, Compassion and Forgiveness.



UFR Board of Trustees

President	Jamie Struthers
Vice-President	Richard Jack
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Members	Tanya Walker
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UFR Committee Contacts

Sunday Services

Joanne Green

Chaplaincy

Richard Jack

Building

David Cowley/Joanne Green

Membership

Carol Porter

Music

Carol Porter/Tanya Walker

Endowment Fund

Wayne Williamson/Allyne Knox

Children's Program

Wybo Ottenbreit-Born

President's Message

As I write in the waning days of summer I look both back to the activities of this summer as well as look forward with anticipation to the activities planned for the autumn at the Regina Unitarian Fellowship.

Back in late May, Joanne Green, Wayne Williamson and I had the opportunity of attending the Canadian Unitarian Council Annual Meeting and biennial Conference at McMaster University in Hamilton. Speaking for myself, this was a very energizing experience again, and I came away with a renewed connection to the larger world of Unitarian Universalism. Through the various discussions, I also increased my awareness that many of the opportunities, issues and challenges that we encounter and face in the Regina Unitarian Fellowship are very similar to those being encountered and faced by numerous other congregations across Canada.

Over the past summer weekly informal Sunday programs on a varied topics have continued. A service of remembrance was held for our stalwart member, Donna Cowley, who passed away this past year. That service took place at the Cowley home near Lumsden in on a beautiful hot summer day in early July.

As the autumn nears I look forward to the Ingathering service scheduled for September 9, followed by a succession of Sunday services upon topics that include: Reconciliation, Love & Justice, The Social Gospel and The Second Principle. The month of November is themed – Vision.

I look forward to renewing friendships with our members and friends as well as welcoming new friends in the coming weeks.

Jamie Struthers

Lay Chaplaincy Services

The Fellowship provides non-denomination services to celebrate rites of passage, including births, weddings and deaths. Our Lay Chaplains are available to the public to provide services. Please feel free to contact us at (306)522-7357 or reginauu@gmail.com.

Office Hours

Saturdays, 1-3 PM

Mike McCall is available at the Unitarian Centre once a week for any business which needs to be dealt with in person. At any other time, feel free to telephone the Centre (306-522-7357) and leave a message, or email reginauu@gmail.com

If you have contributions to make to this newsletter, please contact Mike McCall: email reginauu@gmail.com. or 306-522-7357 (office). The deadline for contributions is the 23rd of the month.

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Website: <http://reginaunitarians.ca/> Facebook: <https://www.facebook.com/reginauunitarians/>
Podcast: unitarianfellowshipregina.podbean.com*



Message from the Board

Lower Hall Ceiling Repair

Recently another large chunk of the ceiling in the lower hall fell to the floor. Because we use this space ourselves and frequently rent it to others (including groups serving young children), it is essential that we complete repairs as soon as possible to ensure the safety of all.

Quotes indicate the ceiling repairs will cost about \$8,500. The repair will include installing metal strapping to keep current plaster in place, lower electrical, add new ceiling of gypsum wallboard, paint, and taxes. Our Bylaws require that spending greater than \$1,000 that is not in the approved budget requires approval by members. The Board has called a Special Meeting of Members on September 16, 2018 to authorize spending on required ceiling repairs.

The Board also will launch a Fundraising Campaign in the near future. In addition, the Board directed a long-term Building Maintenance Plan be prepared with the aim of keeping the building safe and in good operating condition for the use of the Fellowship and the community. This long-term plan will enable future budgets to include amounts sufficient for larger repairs when they can be anticipated, recognizing that emergency repairs may still be required periodically.

We are responsible to keep our building safe as a vibrant space for fellowship, reflection, and spiritual exploration. We also want the building to be warmly welcoming as a gathering place for the community whether for private ceremonies or public events. Your support will be appreciated as we work to ensure the building continues to meet the community's needs.

Unitarian Singers

September 9 - Sunday 9:40 AM

Join the choir to prepare for joyful singing in September. See you there!

Reconciliation Study Group

September 11, Tuesday 4:00 PM

The Reconciliation Study Group will meet to set its agenda for the year. Please bring United Nations Declaration of Rights of Indigenous People and the Canadian Charter of Rights. Contact Jane for details 306-586-1066.



New CUC Board of Trustees

The 2018-2019 CUC Board of Trustees was elected at the Annual General Meeting. At the time of the election there was no second member elected for the Eastern Region.



The current board members are:

- President: Jane Ebbert (Calgary AB)
- Vice-President: Margaret Wanlin (Thunder Bay ON)
- Treasurer: Tanya Cothran (Toronto ON)
- Secretary: Kiersten Moore (Vancouver BC)
- Michael Riess (Victoria BC)
- Rev. Rodrigo Solano-Quesnel (Toronto ON)
- Carol Cumming Speirs (Montreal QC)
- Minister Observer: Rev. Debra Thorne BC

Building Beloved Community

Western Regional Fall Gathering Oct 26-28, 2018

Explore Sessions On:

Building Communities of Joyful Resilience
Food for all, Justice for All
Growing Solidarity Together

Our Children's Program welcomes you to meet Tibert, le Voyageur
All Youth are invited to exciting Youth Con!

Join other Unitarian Universalists for worship, learning, fellowship, and fun!

Guests Include:
Rev. Jason Shelton
Asha Philar, CUC
Jenna Wirsch of Aboriginal Youth Opportunities

Hosted by the First Unitarian Universalist Church of Winnipeg, 603 Wellington Crescent, and the Canadian Unitarian Council

To register, go to cuc.ca Calendar of Events and click on Oct. 26 WRFG event



Local Events

Jane Knox suggests: Visit the Stolen Children Camp across from the Legislature and LISTEN as others talk about how our social and justice systems treat Indigenous children today. Ask what happens to children whose parents are ill or unable to find work. Take fruit and garden vegetables to share with the children.

"If you are neutral toward injustice, you have chosen the side of the oppressor."
— Archbishop Desmond Tutu

Film: To The Ends of the Earth

September 26, 6:30 pm Wednesday, Central Library Film Theatre

Screening of *To The Ends of the Earth*, denounces the rise of extreme energy, and envisions the new world future beyond the resource pyramid, a post-growth economy.

"Realize that we as human beings have been put on this earth for only a short time and that we must use this time to gain wisdom, knowledge, respect and the understanding for all human beings since we are all relatives."
- Cree Proverb

Lifelong Learning Centre Fall Open House

September 8, 10:30 am - 2:30 pm; 2155 College Ave.

Everyone is welcome at the LLC Fall Open House. There will be free presentations, visits to classrooms, refreshments, and a FREE gift for first 100 people in attendance. Participants can also enter draw for chance to win a FREE Fall Course. For more information, call 306-585-5748 or go to: www.uregina.ca/cce/events/2018/09/open-house.html

Luther Lecture 2018

featuring Rev. Dr. Mitri Raheb

October 1, 2018 - 7:30 p.m.

Rex Schneider Auditorium, Luther College at the U of R.

Rev. Dr. Mitri Raheb, a Palestinian Pastor, President of Dar al-Kalima University of College of Arts and Culture in Bethlehem, and co-recipient of the 2015 Olof Palme Prize, will be the 2018 Luther Lecturer. As a Pastor in the Lutheran church, Raheb sends a clear message to the young generation of Palestinians: "We want you to live, not die, for Palestine."

For more information including a full bio, please visit www.luthercollege.edu/luther-lecture.

The 2018 Luther Lecture is provided in part through a generous grant from the members of Faith Life Financial, the James Kurtz Memorial Trust Fund, and Canadian Lutheran World Relief.

The UNITARIAN FELLOWSHIP OF REGINA
is a Welcoming Congregation
This means we welcome you regardless of
gender, sexual orientation or identity.
Visit our website at reginaunitarians.ca to
learn more, or visit us in person at
2700 College Avenue, Regina.





Minister Envisions Francophone Unitarian Community Online

Imagine an online community that would offer the world's 220 million Francophones an opportunity to explore Unitarian Universalism. Rev. Fulgence Ndagijimana of the Saskatoon Unitarians had that very thought and is working to transform it from a dream into a reality. Inspired in part by the long-running online UU community Church of the Larger Fellowship, Ndagijimana hopes to create a similar service for Francophone Unitarians in Saskatoon, Canada, and around the world. Read his recent blog post to learn more about his vision for this project, which he calls "La Communauté Sans Frontières, Unitarienne /Universaliste".

The reality is that U/Uism is packaged in English and its culture. When one looks up Unitarianism or Unitarian Universalism, everything that comes up is in English and a little bit in Spanish and some pieces in French. The materials available in French do not give enough material for people to understand and connect.

Rev. Fulgence talked recently in an online 'blog' post:

The U/U faith has a lot to offer to the world. I am here to tell that story. When I was in prison, two particular members of my congregation in Bujumbura kept me informed about the efforts to get me out of jail. They would say, 918 people have signed the petition so far or another letter was sent to the embassy today or someone from the Philippines inquired about your situation and so on. Every day at 6 PM, everyone would go home and I would stay alone in a dark locked room. I would think about many things, including the risks of not getting out alive. I would also think about all the positive energy being sent my way and what I share with the people who were fighting my fight. Like me, they valued freedom of speech, the democratic processes in our congregations and institutions, the worth and dignity of every person. We shared values and we shared our humanity.

The flaming Chalice kept coming to my mind as a symbol of what we share. Care for others, sacrifice for others including those we do not know, have not met and probably will never meet. The values we stand for can and do save lives. It did in the past, it does today and will do in the future. If my life could be used to tell that story of love, of resistance, of care, of speaking truth to power, it would be worth doing and that is the story I want to tell to as many people as possible, in as many languages as possible and this time in French. U/Usm represents the worldview that supports those values and a spirituality that in the words of William R. Murry has to do with "genuineness, depth and devotion to values other than my own self-interest".

U/U is a faith that has been transformative for many people who have been in contact with it and embraced the values that the faith promotes.

I have been involved in different ways with the francophone community of Saskatoon and hold monthly services in French in the sanctuary of Saskatoon Unitarians. Some people have expressed a desire to learn more in French and I shared the disappointment that they can't.

Beside the demand in Saskatoon, there is also a demand from the Burundian refugees now in East Africa and a handful in other countries and a huge potential for millions of French speaking around the world.

There is a need to share our life-giving, life-shaping and yes life-saving message to the people who speak French. The need is both for those who already know about the faith and need to sustain it. The need is also to make it available and accessible for other people whose lives and communities can potentially be impacted in a positive way."

Technology has made it possible to connect with people instantly regardless of where they are. Online meetings, videos and messages are easy to share and distance has become irrelevant. It is still important to have face to face meetings for a real connection but learning and building online communities are features of our contemporary world.

This ministry stands on the shoulders of a giant. The Church of the Larger Fellowship (CLF) founded in 1944 serves isolated UUs in the USA, people in the military and people in prisons. CLF also serves people around the world, mostly expatriates north Americans working and living abroad. This project will learn from CLF and will do certain things differently due to the geographic proximity of some of the people involved. There will be opportunities of annual retreats which we call "Institut de Croissance" or growth Institute.

If you would like to support this initiative please visit ucsaskatoon.org and go to the [Donate](#) link.